## BEFORE THE BOARD OF OSTEOPATHIC EXAMINERS

## FOR THE STATE OF ARIZONA



IN THE MATTER OF:

) STIPULATION
Donald H. Nelson, D.O.
Holder of License No. 2846
) ORDER

By mutual agreement and understanding, the Arizona Board of Osteopathic Examiners in Medicine and Surgery ("Board") and Donald H. Nelson, D.O. ("Respondent") agree to the following disposition of this matter.

- 1. Respondent acknowledges that he has read this Stipulation and the attached Consent Order; and, he is aware of and understands the content of this document.
- 2. Respondent understands that by entering into this Stipulation he voluntarily relinquishes any rights to a hearing or judicial review on the matters alleged in the Stipulated Findings of Fact and Conclusions of Law or to challenge the Board's Order.
- 3. Respondent acknowledges his understanding that this Stipulation and Consent Order will not become effective until approved by the Board and signed by its Executive Director.
- 4. Respondent further understands that this Stipulation and Consent Order, once approved and signed, shall constitute a public record which may be disseminated as a formal disciplinary action of the Board.
- 5. Any admissions made by Respondent are solely for the stipulated disposition of this matter and are not intended as an admission against his interest or an admission of liability in any

civil litigation.

6. Respondent is aware that any violation of said Consent Order constitutes unprofessional conduct pursuant to A.R.S. § 32-1854(26) and may result in disciplinary action pursuant to A.R.S. § 32-1855.

ACCEPTED this 21-2 day of September, 1993.

Board of Osteopathic Examiners

Honseld H. Nelson, D.O.

Robert J. Miller, Ph.D.

Executive Director

## FINDINGS OF FACT

- 1. The Board of Osteopathic Examiners of the State of Arizona ("Board") is the duly constituted authority for the regulation and control of the practice of osteopathic medicine in the State of Arizona.
- Donald H. Nelson, D.O., is the holder of License
   No. 2846 for the practice of medicine in the State of Arizona.
- 3. Donald H. Nelson, D.O., was the holder of License No. R2D46, issued by the Missouri Board of Registration in the Healing Arts.
- 4. On June 17, 1993, Donald H. Nelson, D.O. entered into an Agreement with the Missouri Board of Registration in the Healing Arts, wherein said Agreement he admitted to violations of Missouri state statutes such that cause existed for disciplinary action to be taken against his license as a physician and surgeon pursuant to

Missouri statutes governing the practice of medicine.

- 5. The agreement between Donald H. Nelson, D.O., and the Missouri Board of Registration in the Healing Arts included a specific admission by Respondent on October 19, 1989 he entered a plea of guilty to driving while having a blood alcohol content in excess of .10.
- 6. The agreement, between Donald H. Nelson, D.O., and the Missouri Board of Registration in the Healing Arts included a specific admission by Respondent that on July 21, 1989 he entered a plea of guilty to driving while intoxicated on said date.
- 7. As part of that agreement, Donald H. Nelson, D.O. agreed to voluntarily surrender License No. R2D46 for the practice of medicine and surgery retroactive to September 10, 1990 as a means of resolving the issues and charges set forth above.
- 8. On June 30, 1993, Donald H. Nelson, D.O., submitted an application for licensure to practice osteopathic medicine in the state of Arizona to the Arizona Board of Osteopathic Examiners in Medicine and Surgery.
- 9. As part of his licensure application materials, Donald H. Nelson, D.O. disclosed to the Arizona Board of Osteopathic Examiners in Medicine and Surgery that his License No. R2D46 for the practice of medicine and surgery issued by the Missouri Board of Registration in the Healing Arts, was voluntarily surrendered in lieu of disciplinary action being taken against said license.

## CONCLUSIONS OF LAW

1. The Arizona Board of Osteopathic Examiners in Medicine and

Surgery possesses jurisdiction over the subject matter hereof and over Donald H. Nelson, D.O., pursuant to A.R.S. § 32-1801, et seq.

- 2. The conduct described in paragraphs 5 and 6 above constitutes unprofessional conduct in accordance with A.R.S. § 32-1854.38: Violating a federal law, a state law or a rule applicable to the practice of medicine.
- 3. The Board has authority to enter into an agreement for the stipulated disposition of this matter pursuant to A.R.S. § 41- 1061(D).

Pursuant to the authority vested in the Board by A.R.S. § 32-1855.E.4 and § 41-1061.D, IT IS HEREBY ORDERED THAT:

ORDER

- 1. DONALD H. NELSON, D.O. (Respondent) shall be placed on probation for a period of three (3) years. Respondent may submit a request for reduction in the term of probation; however, the Board shall have the sole authority and discretion to modify the duration of the period of probation.
- 2. DONALD H. NELSON, D.O., shall submit to random urinalysis testing administered by the Board or an agent of the Board. Samples of biological fluids of DONALD H. NELSON, D.O. will be collected by an agent of the Board at times which are within the sole discretion of the Board. All costs associated with the collection and analysis of such fluids shall be borne by DONALD H. NELSON, D.O.
- 3. DONALD H. NELSON, D.O. shall use no controlled substance or prescription-only medication unless prescribed by his attending

physician. DONALD H. NELSON, D.O. shall refrain completely from the use of alcohol. DONALD H. NELSON, D.O. shall notify the Board in writing of any substance or medication prescribed him by a physician within twenty-four hours after such prescription is ordered by the attending physician.

- 4. DONALD H. NELSON, D.O. shall meet regularly with the Board as ordered by the Board in its discretion to review his compliance with the terms of the Order.
- 5. DONALD H. NELSON, D.O. shall authorize any attending physician, psychiatrist or psychologist to release to the Board all records pertaining to his care and treatment.
- 6. DONALD H. NELSON, D.O. shall attend a group therapy meeting, with a psychiatrist or psychologist licensed by the state of Arizona and approved by the Board, no less than two times per month and DONALD H. NELSON, D.O., shall authorize that psychiatrist or psychologist to provide regular reports to the Board detailing his attendance, participation and progress in and with such meetings.
- 7. DONALD H. NELSON, D.O., shall attend a private counseling session no less than once per week with a psychiatrist or psychologist licensed by the state of Arizona and approved by the Board, and DONALD H. NELSON, D.O., shall authorize that psychiatrist or psychologist to provide regular reports to the Board detailing his attendance and program.
- 8. DONALD H. NELSON, D.O., shall, within 15 days of the effective date of this order, notify the Board of the name(s) of the psychiatrist or psychologist who will be providing the

treatment services identified in paragraphs 6 and 7 of this order.

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

- DONALD H. NELSON, D.O., shall submit to a psychological and/or medical evaluation by a psychiatrist and/or psychologist (hereinafter "Board therapist") designated by the Board. evaluation shall be conducted as soon as conveniently possible but in no event later than ninety (90) days from the effective date of this order. The Board's executive director is authorized to select the Board's therapist and give notice in writing to Dr. Nelson who shall then schedule an appointment(s) with the Board's therapist. As part of the evaluation the Board directs that the Board's therapist be provided with all information from the Board's administrative records concerning Dr. Nelson's substance abuse history while he was licensed in the state of Missouri. The Board's therapist shall, upon completion of the evaluation, provide a recommendation for type of treatment (e.g. group chemical dependency program and/or individual psychotherapy) and frequency of treatment if deemed necessary and appropriate. Dr. Nelson shall continue to comply with the requirements of paragraphs (6), (7) and (8), until and unless the Board decides to modify the terms of the Upon receipt of the psychological aforementioned paragraphs. evaluation by the Board, this matter shall be placed on the Board's agenda for discussion and review.
- 10. DONALD H. NELSON, D.O., shall bear any and all costs associated with his compliance of the terms of this order.
- 11. Failure to comply with all terms of this order constitutes unprofessional conduct pursuant to A.R.S. § 32-1854.26.

1	DATED this 2/24 day of Septentin, 1993.
2	ARIZONA STATE BOARD OF OSTEOPATHIC
3	EXAMINERS IN MEDICINE AND SURGERY
4	By Rulh. Stengel O. O.
5	Paul M. Steingard, D.O. Vice-President
6	[SEAL]
7	By Tolon & Miller
8	Robert J. Miller, Ph.D. Executive Director
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	7